



**OPENING TIMES**

**Friday – All Day**

**Saturday – Morning**

**Customers are welcome at any time but best to phone first to check we are here**

**New Butcher – F.C. Phipps**

We have, sadly, had to find a new butcher as our current one was struggling to keep up with the workload our pigs were creating, without significantly increasing our costs.

But they say 'Every cloud has a silver lining' and in our case it certainly is true, as we have been fortunate enough to sign up F.C. Phipps (in Mareham-le-Fen) as our new butcher. Many of you may have heard of Phipps Butchers as they have built up a nationwide reputation, winning several national awards with their delicious sausages and range of products.

**...and a new range of sausages!**

Phipps Butchers have agreed to make an exciting range of sausages for us. This week (Friday 6<sup>th</sup> October) we have chosen Lincolnshire, Pork and Pork & Apple. Over the next few weeks we shall have others added to our range to include Lincolnshire Sausage with Bateman's Lincoln Red Ale, Pork & Stilton, Toulouse and even a Gluten Free Sausage. As before, they contain no preservatives and all use natural casings. The difference is that the sausages are slightly larger; 6 make up 1lb instead of 8.

**The 'Egg Situation' continued.....**

The egg shortage will be rectified shortly when the new Black Rock hens arrive on the farm in mid October – thank you for your patience!

**Vegetable News**

As is always the case at this time of year, the variety of seasonal vegetables available diminishes. However, we are pleased to say that at the moment we have

- main crop potatoes (variety is Verity) which are particularly delicious roasted or baked
- carrots
- red and white onions
- leeks, cabbage and calabrese
- fabulous winter squash which are great sliced and roasted with red onions or chopped up in a hearty casserole.
- parsnips coming soon.....

**It's Pumpkin Time**

We have grown lots of pumpkins so, for Halloween, why not come along and select one from our large range of big and small. And if you have any good pumpkin recipes, we would love to have a copy to share with all our customers. Thank you.

**FREE DELIVERY! for all orders over £10 within 10 miles of Ruskington – Simply phone or email us with your order and we'll do the rest!**

**[www.prioryfreerangefoods.co.uk](http://www.prioryfreerangefoods.co.uk)**

**Mark & Heather Thorogood  
Welton Farm  
51 Priory Road  
Ruskington**

**Tel : 01526 832574**

# Price List

*As our farm is currently in organic conversion, all our produce has been grown to full Soil Association organic standards including being fed on organic feed while in our care.*

## PORK

Lincolnshire Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork & Apple Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Chops	approx. £1.80 per pack of 2	(£6.50/kg)
Loin Steaks	approx. £2.00 per pack of 2	(£8.00/kg)
Belly Pork	approx. £1.50 per pack of 3	(£5.00/kg)
Tenderloin	approx. £4.50 each	(£11.00/kg)
Boned & Rolled Loin Joint	Please request approx. size	£7.00/kg
Boned & Rolled Leg Joint	Please request approx. size	£6.50/kg
Shoulder Joint	Please request approx. size	£6.00/kg
Back Bacon	approx. £2.20 per 5 rashers	(£9.00/kg)
Streaky Bacon	approx. £1.80 per 8 rashers	(£7.00/kg)
Gammon Joint	Please request approx. size	£7.00/kg

## VEGETABLES

Cabbage	£1.00 each
Calabrese	£2.50 per kg
Carrots (best)	70p for 750g
Carrots (slight pest damage)	40p for 800g
Leeks	60p each
Potatoes	60p per kg
Onions (white)	60p for 750g
Onions (red)	60p for 500g
Pumpkins	70p per kg
Runner Beans	80p for 250g
Shallots (red)	75p for 300g
Winter Squash (Buttercup)	£1.00 per kg
Winter Squash (Butternut)	£1.50 per kg

## EGGS

£1.25 per half dozen / £2.00 per dozen