



Newsletter May/June 2006

**Opening Times**

**Friday – All Day**

**Saturday – Morning**

**Customers are welcome at any time but best to phone first to check we are here**

**Freshly Dug Organically Grown New Potatoes On Sale Now!**

At long last we have some delicious new potatoes ready to eat! We are selling them for 75p/kg but if you want an extra special treat we do have some baby new potatoes for £1.50/kg. All grown to full Soil Association standards which means without any fertiliser or chemicals!

**Other News from the Veg Patch**

By the end of the month, we should have some fresh young carrots and many more vegetables grown without the use of sprays or fertilisers will start to be available during the next few weeks.

**Lambs, lambs, lambs**

We are pleased to announce that lambing has gone well – we have 4 smashing ewe lambs to help build up the size of our flock. All the girls lambed at very civilised hours with little trouble out in the field; the last one was born at 10pm on a very still evening under a full moon!

**Constant Supply of Fresh Pork**

We do have some supplies of pork joints and sausages in the freezer but are looking forward to filling our large fridge full of fresh chops, bacon, joints etc very soon. We currently estimate this will happen around the middle of July – we will let you know as soon as we have a definite date. We apologise for the dip in supplies but sales have gone well and from mid July onwards we hope to have a constant supply of fresh pork for our customers. Thank you for your patience while our new business ‘finds its feet’!

**Tornado-Scrambled Eggs**

The hens are enjoying the good weather and continue to lay well. For those of you that don't know, we have an ‘honesty box’ outside our back gate if you wish to just buy eggs. I expect most of you heard about the tornado that hit Ruskington the other week; our organic egg box (which is quite heavy and solid) was flipped right over – loads of scrambled eggs! Thankfully not too much else was damaged for us, unlike some of our neighbours.

**FREE DELIVERY! for all orders over £10 within 10 miles of Ruskington – Simply phone or email us with your order and we'll do the rest!**

**[www.prioryfreerangefoods.co.uk](http://www.prioryfreerangefoods.co.uk)**

**Mark & Heather Thorogood  
Welton Farm  
51 Priory Road  
Ruskington**

**Tel : 01526 832574**

# Price List

*As our farm is currently in organic conversion, all our produce has been grown to full Soil Association organic standards including being fed on organic feed while in our care.*

## FRUIT

Gooseberries £2.00 per Kg

## VEGETABLES

Carrots 50p a bunch  
Mangetout £1.00 for 170g  
New Potatoes 75p /kg  
Baby New Potatoes £1.50/kg

## EGGS

£1.25 per half dozen / £2.00 per dozen

## PORK

Lincolnshire Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork, Tomato and Basil Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Chops	approx. £1.80 per pack of 2	(£6.50/kg)
Pork Steaks	approx. £2.00 per pack of 2	(£7.00/kg)
Belly Pork	approx. £1.50 per pack of 3	(£5.00/kg)
Tenderloin	approx. £3.00 each	(£9.00/kg)
End of Loin Joint	Please request approx. size	£9.00/kg
Leg Joint	Please request approx. size	£6.50/kg
Shoulder Joint	Please request approx. size	£6.00/kg
Back Bacon	approx. £2.20 per 5 rashers	(£9.00/kg)
Streaky Bacon	approx. £1.80 per 8 rashers	(£7.00/kg)
Gammon Joint	Please request approx. size	£7.00/kg
Half Pig (weighs approximately 26 to 32 kg) (including free delivery within 10 mile radius of Ruskington)		£4.75 / kg
Quarter Pig (weighs approximately 13 to 16 kg) (including free delivery within 10 mile radius of Ruskington)		£5.25 / kg

If you order Quarter / Half Pig in advance, we can ask the butcher to prepare the pig to your own requirements at no additional cost eg. you may want the belly to be made in to streaky bacon or made in to sausages. You may want different flavour sausages or all the same etc.

In case you are wondering, half of one of our pigs takes up almost 2 of our large delivery boxes. One of our boxes has internal dimensions 55cm long by 35cm deep by 19cm high.