



Newsletter Mar. 2007

OPENING TIMES

Friday – All Day

Saturday – Morning

Customers are welcome at any time but best to phone first to check we are here

Fresh Pork on Friday 20th & Saturday 21st April!

We shall have fresh pork once again on the weekend of Friday 20th April. Don't worry if you can't make it over to our shop that weekend as we shall hopefully have some left over to freeze for the following week!

Have you tried our new Sausages yet?

The Ancaster Butcher is making us some fine Lincolnshire sausages – many of you have been back already for some more! Our sausages are top quality being made from just the shoulder and belly meat and use natural casings.

For those of you who don't like the sage, we shall also have some plain Pork sausages for sale from the 16th March

Stand by your beds!

We have recently had our annual inspection from the Soil Association. The purpose of this is to check that we are producing organic food that complies with the stringent standards set by the Soil Association, the main ones being that we maintain high levels of animal welfare at all times and do not use artificial fertilisers or pesticides on our crops.

Polytunnels

In the nick of time, we have managed to buy a couple of secondhand polytunnels so hope that we can tempt you with tasty organic tomatoes, cucumbers, peppers and aubergines through the summer. We'll keep you posted!

Are you interested in signing up for an organic box in 2007?

Thank you to everyone who has registered their interest in our Organic Box Scheme.

It's still not too late to register your interest in having a box of fresh, seasonal, delicious organic produce delivered to your door each week. To register, please fill in the attached form and return to us by the end of May. Please don't hesitate to phone us if you would like more information about the scheme.

FREE DELIVERY! for all orders over £10 within 10 miles of Ruskington – Simply phone or email us with your order and we'll do the rest!

www.prioryfreerangefoods.co.uk

**Mark & Heather Thorogood
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PRICE LIST March 2007

FREE RANGE PORK

Our pigs are organic but the pork loses its organic status because there is no organically registered butcher in Lincs. We hope to set up our own organic on-farm butchery shortly.

Lincolnshire Sausage	approx. £3.09 per pack of 6	(£6.50/kg)
Pork Sausage	approx. £3.09 per pack of 6	(£6.50/kg)
Chipolatas	approx. £3.50 per pack of 16	(£7.00/kg)
Pork Chops	approx. £1.80 per pack of 2	(£6.50/kg)
Loin Steaks	approx. £2.00 per pack of 2	(£8.00/kg)
Belly Pork	approx. £1.50 per pack of 3	(£5.00/kg)
Tenderloin	approx. £4.50 each	(£11.00/kg)
Boned & Rolled Loin Joint	Please request approx. size	£7.00/kg
Boned & Rolled Leg Joint	Please request approx. size	£6.50/kg
Boned & Rolled Shoulder Joint	Please request approx. size	£6.00/kg
Diced Pork for casseroles	approx. £3.00 per pack	£6.00/kg

ORGANIC VEGETABLES

Cabbage – Savoy/White	£1.00 each
Cabbage – Red	£0.90 per Kg
Calabrese	£2.50 per kg
Carrots	70p for 750g
Cauliflower	£1.00 each
Cavalo Nero	£1.00 a bunch
Leeks	60p each
Baking Potatoes	90p per kg
Potatoes	60p per kg
Onions (white)	60p for 750g
Onions (red)	60p for 500g
Parsnip	£2.80 per kg

ORGANIC FREE RANGE EGGS

£1.30 per half dozen / £2.20 per dozen

Priory Free Range Foods Organic Produce Scheme

Please return to us by the end of May

I wish to register my interest in your Organic Produce Scheme but I am under no obligation to participate.

Name.....

Address.....
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Tel.....

Email.....

Thank you for registering your interest and we shall contact you shortly to let you know if we are able to proceed further.

Mark & Heather