



Newsletter July 2006

Opening Times

Friday – All Day

Saturday – Morning

Customers are welcome at any time but best to phone first to check we are here

Freshly Harvested Vegetables on Sale Now

We have a increasing selection of freshly harvested vegetables for sale, all grown on the farm. Please see price list over page for full details. We make sure we keep the 'honesty box' outside our back gate topped up with vegetables and organic eggs, so if you haven't paid us a visit yet, now would be a good time to try us out! Please put the money through the slot in our back door or ring the door bell if you need any assistance – there is usually somebody in.

Remember, also, that our small shop is always open all day on Friday and on Saturday morning.

ONE DAY we'll have some sausages.....

We regret to say that our estimated date in the last newsletter of the middle of July for having fresh pork available was a bit optimistic. However, we can say that we should have a full range of chops, joints and sausages by the middle of August at the latest. We shall keep you posted!

Our First Piglets!

We are very pleased (and proud!!) to announce that Ruby (one of the first Saddleback gilts we bought) has given birth to 10 very healthy piglets. Dad is a Welsh boar so the piglets are pink with what are described in pig circles as 'blue' markings. Ruby is proving to be a fantastic first-time mother, which was one of the main reasons we chose the Saddleback breed as they are renowned for their mothering ability.

.....And More on the Way (Hopefully)

Meanwhile Boris, our very handsome Welsh boar, has been rather busy entertaining some of our other Saddleback gilts and so we hope to have at least another 3 litters born before the end of the year.

Visitors Welcome

We are very keen to show people how we are trying to produce quality food in a welfare and environmentally-friendly manner without the use of lots of drugs and chemicals. If you fancy a visit (even if it is just to come and say aaahhhh at the piglets) then please do phone us and we can arrange a time for you to see the farm. You are most welcome.

FREE DELIVERY! for all orders over £10 within 10 miles of Ruskington – Simply phone or email us with your order and we'll do the rest!

www.prioryfreerangefoods.co.uk

**Mark & Heather Thorogood
Welton Farm
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Ruskington**

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Price List

As our farm is currently in organic conversion, all our produce has been grown to full Soil Association organic standards including being fed on organic feed while in our care.

VEGETABLES

Beetroot	£1.50 a bunch
Broad Beans	£1.00 for 330g
Cabbage	£1.00 each
Carrots	50p a bunch
Courgettes (green)	£2.70 per Kg
Courgettes (yellow)	£3.20 per Kg
Florence Fennel	£3.50 per Kg
French Beans	£1.00 for 250 Kg
New season Potatoes	60p per kg
Onions (white)	75p for 750g
Onions (red)	75p for 750g
Runner Beans	£2.00 for 400g
Shallots (red)	75p for 300g
Squash (summer)	£2.70 per Kg

EGGS

£1.25 per half dozen / £2.00 per dozen

PORK

Lincolnshire Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork, Tomato and Basil Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Chops	approx. £1.80 per pack of 2	(£6.50/kg)
Pork Steaks	approx. £2.00 per pack of 2	(£7.00/kg)
Belly Pork	approx. £1.50 per pack of 3	(£5.00/kg)
Tenderloin	approx. £3.00 each	(£9.00/kg)
End of Loin Joint	Please request approx. size	£9.00/kg
Leg Joint	Please request approx. size	£6.50/kg
Shoulder Joint	Please request approx. size	£6.00/kg
Back Bacon	approx. £2.20 per 5 rashers	(£9.00/kg)
Streaky Bacon	approx. £1.80 per 8 rashers	(£7.00/kg)
Gammon Joint	Please request approx. size	£7.00/kg

Half Pig (weighs approximately 26 to 32 kg) £4.75 / kg
(including free delivery within 10 mile radius of Ruskington)

Quarter Pig (weighs approximately 13 to 16 kg) £5.25 / kg
(including free delivery within 10 mile radius of Ruskington)

If you order Quarter / Half Pig in advance, we can ask the butcher to prepare the pig to your own requirements at no additional cost eg. you may want the belly to be made in to streaky bacon or made in to sausages. You may want different flavour sausages or all the same etc.

In case you are wondering, half of one of our pigs takes up almost 2 of our large delivery boxes. One of our boxes has internal dimensions 55cm long by 35cm deep by 19cm high.