



Newsletter Jan. 2007

OPENING TIMES

Friday – All Day

Saturday – Morning

Customers are welcome at any time but best to phone first to check we are here

Eggs Galore!

We are pleased to announce that our new Black Rock hens have now started laying with gusto so we have plenty of organic eggs for everyone! There are eggs for sale in our shop on Friday and Saturday mornings and in the honesty box at all other times.

We have had to increase our egg prices due to the continued rising costs of chicken feed. Half a dozen eggs now cost £1.30 and a dozen costs £2.20. These prices are still very competitive with Tesco in Sleaford where you can expect to pay £1.45 for a box of organic eggs, which are probably not produced locally and will certainly not be as fresh as ours.

Are you interested in signing up for an organic box in 2007?

To build on the success of the produce we grew last year, we are considering starting an organic box scheme in 2007. The scheme would run from June round to February 2008 when there would be a break during the 'hungry gap' until the following June.

Each week we would deliver to your door (or you may collect) a box of seasonal fresh organic vegetables and other produce such as eggs, pork, sausages or bacon as you so wished. Most items would be grown by us with the occasional vegetable, such as cauliflowers and broccoli bought in from Woodlands Farm, which is a large Soil Association registered organic farm near Boston.

An average size box of vegetables, to feed a family of 4 for a week delivered to your door, would cost approx. £10. Larger and smaller boxes would also be available. To qualify for free delivery, the value of the box must be £10 or more.

To register your interest in our scheme, please fill in the attached form and return to us by the end of January. If there is sufficient response, we would hope to start deliveries in June this year.

The Shop

We are pleased to say that our shop continues to go from strength to strength and we welcome all customers, be they regular, not so regular and brand new, at all times. Please be assured that if we start a box scheme, our shop and honesty box would continue.

FREE DELIVERY! for all orders over £10 within 10 miles of Ruskington – Simply phone or email us with your order and we'll do the rest!

www.prioryfreerangefoods.co.uk

Mark & Heather Thorogood

Welton Farm

51 Priory Road

Ruskington, Sleaford NG34 9DJ

Tel : 01526 832574

Price List

As our farm is currently in organic conversion, all our produce has been grown to full Soil Association organic standards including being fed on organic feed while in our care.

PORK

Lincolnshire Sausage	approx. £3.09 per pack of 6	(£6.50/kg)
Pork Sausage	approx. £3.09 per pack of 6	(£6.50/kg)
Pork & Apple Sausage	approx. £3.09 per pack of 6	(£6.50/kg)
Bateman's Beer Sausage	approx. £3.09 per pack of 6	(£6.50/kg)
Port & Stilton Sausage	approx. £3.09 per pack of 6	(£6.50/kg)
Chipolatas	approx. £3.09 per pack of 6	(£6.50/kg)
Pork Chops	approx. £1.80 per pack of 2	(£6.50/kg)
Loin Steaks	approx. £2.00 per pack of 2	(£8.00/kg)
Belly Pork	approx. £1.50 per pack of 3	(£5.00/kg)
Tenderloin	approx. £4.50 each	(£11.00/kg)
Boned & Rolled Loin Joint	Please request approx. size	£7.00/kg
Boned & Rolled Leg Joint	Please request approx. size	£6.50/kg
Shoulder Joint	Please request approx. size	£6.00/kg
Back Bacon	approx. £2.20 per 5 rashers	(£9.00/kg)
Streaky Bacon	approx. £1.80 per 8 rashers	(£7.00/kg)
Gammon Joint	Please request approx. size	£7.00/kg
Gammon Steaks	approx. £1.80 each	£8.00/kg

VEGETABLES

Cabbage – Savoy/White	£1.00 each
Cabbage – Red	£0.90 per Kg
Calabrese	£2.50 per kg
Carrots	70p for 750g
Cauliflower	£1.00 each
Cavalo Nero	£1.00 a bunch
Leeks	60p each
Baking Potatoes	90p per kg
Potatoes	60p per kg
Onions (white)	60p for 750g
Onions (red)	60p for 500g
Parsnip	£2.80 per kg
Pumpkins	50p per kg
Winter Squash (Buttercup)	£1.00 per kg

EGGS

£1.30 per half dozen / £2.20 per dozen

Priory Free Range Foods Organic Produce Scheme

Please return to us by the end of January

I wish to register my interest in your Organic Produce Scheme but I am under no obligation to participate.

Name.....

Address.....
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Tel.....

Email.....

Thank you for registering your interest and we shall contact you shortly to let you know if we are able to proceed further.

Mark & Heather