



Newsletter August 2006

Opening Times

Friday – All Day

Saturday – Morning

Customers are welcome at any time but best to phone first to check we are here

******* NEWSFLASH - FRESH PORK FROM SATURDAY 12 AUGUST! *******

To welcome our customers back after our lack of fresh pork supplies, we are offering a 10% discount on all orders of pork over £15. From this Saturday (12 August), our full range of pork products will be on sale at the farm, except for bacon which will be another couple of weeks. Please see over for a full list of products and prices.

Did you know.....?

Our sausages, which are available in three different varieties – Pork , Lincolnshire, and Pork, Tomato & Basil, are made from 85% pork and contain no additives or preservatives. They are made by our butcher, Simon Clarke, at Mareham-le-Fen and encased in a top quality natural casing.

Got a Tiny Fridge..... or a Large Freezer?

We would like to emphasize that we are here to cater for all our customers' requirements. We will gladly supply you with any quantity of pork from one pack of sausages up to half a pig. If you have any special requests, please do not hesitate to ask.

Down on the Vegetable Patch.....

It has certainly been an interesting season with the cold spring followed by the heat wave which caused the vegetables to ripen very rapidly. However, we have been pleased with the quality of our vegetables and enjoy chatting to our customers (many of whom grow their own veg as well) about their experiences this year.

Visitors Welcome

We are very keen to show people how we are trying to produce quality food in a welfare and environmentally-friendly manner without the use of lots of drugs and chemicals. If you fancy a visit (even if it is just to come and say aaahhhh at the piglets) then please do phone us and we can arrange a time for you to see the farm. You are most welcome.

FREE DELIVERY! for all orders over £10 within 10 miles of Ruskington – Simply phone or email us with your order and we'll do the rest!

www.prioryfreerangefoods.co.uk

Mark & Heather Thorogood
Welton Farm
51 Priory Road
Ruskington

Tel : 01526 832574

Price List

As our farm is currently in organic conversion, all our produce has been grown to full Soil Association organic standards including being fed on organic feed while in our care.

VEGETABLES

Beetroot	£1.50 a bunch
Cabbage	£1.00 each
Calabrese	£2.50 per Kg
Carrots	80p a bunch
Courgettes (green)	£2.00 per Kg
Courgettes (yellow)	£2.50 per Kg
Florence Fennel	£3.00 per Kg
French Beans	£0.80 for 250g
Potatoes	60p per kg
Onions (white)	60p for 750g
Onions (red)	60p for 500g
Runner Beans	80p for 250g
Shallots (red)	75p for 300g
Squash (summer)	£1.50 per Kg

EGGS

£1.25 per half dozen / £2.00 per dozen

PORK

10% DISCOUNT ON ORDERS OVER £15

Lincolnshire Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork, Tomato and Basil Sausage	approx. £3.25 per pack of 8	(£6.50/kg)
Pork Chops	approx. £1.80 per pack of 2	(£6.50/kg)
Loin Steaks	approx. £2.00 per pack of 2	(£8.00/kg)
Belly Pork	approx. £1.50 per pack of 3	(£5.00/kg)
Tenderloin	approx. £3.50 each	(£11.00/kg)
Boned & Rolled Loin Joint	Please request approx. size	£7.00/kg
Boned & Rolled Leg Joint	Please request approx. size	£6.50/kg
Shoulder Joint	Please request approx. size	£6.00/kg
Back Bacon	approx. £2.20 per 5 rashers	(£9.00/kg)
Streaky Bacon	approx. £1.80 per 8 rashers	(£7.00/kg)
Gammon Joint	Please request approx. size	£7.00/kg

Half Pig (weighs approximately 26 to 32 kg) £4.75 / kg
(including free delivery within 10 mile radius of Ruskington)

Quarter Pig (weighs approximately 13 to 16 kg) £5.25 / kg
(including free delivery within 10 mile radius of Ruskington)

If you order Quarter / Half Pig in advance, we can ask the butcher to prepare the pig to your own requirements at no additional cost eg. you may want the belly to be made in to streaky bacon or made in to sausages. You may want different flavour sausages or all the same etc.

In case you are wondering, half of one of our pigs takes up almost 2 of our large delivery boxes. One of our boxes has internal dimensions 55cm long by 35cm deep by 19cm high.

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